

# What to put in a Grab and Go Bag

A grab-and-go bag is a small emergency kit that's easy to take with you, in case you need to leave right away. It's a good idea to make grab-and-go bags for your home, workplace, and vehicle.

Prepare your grab-and-go bag in advance and if put on evacuation alert, check over your bag to make sure you haven't forgotten anything.



Food (ready to eat) and water

Phone charger and battery bank

Small battery-powered or hand-crank radio

Battery-powered or hand-crank flashlight

Extra batteries

Small first-aid kit and personal medications

Personal toiletries and items, such as an extra pair of glasses or contact lenses

Any required medical devices, such as hearing aids, sleep or apnea machines

Copy of your emergency plan

Copies of important documents, such as insurance papers and identification

Cash in small bills

Local map with your family meeting place identified

Whistle

Pen and notepad

Seasonal clothing and an emergency blanket